

DR. GABOR MATÉ

human development through the lens of science and compassion

INTRODUCTION

A renowned speaker, and bestselling author, Dr. Gabor Maté (pronunciation: GAH-bor MAH-tay) is highly sought after for his expertise on a range of topics.

Dr. Maté is available for various kinds of media opportunities including video, podcasts, television. He can be interviewed via phone, email, Zoom and in person.

Dr. Maté regularly appears in the media and is generally booked well in advance. We recommend that you contact us at least several months in advance of your proposed interview. Please note that preference is given to those media opportunities that provide the greatest possible audience. Please complete the media request form [here](#). If your request is urgent, please contact: stephanie@drgabormate.com

TOPICS

ADDICTION

MIND / BODY HEALTH

PARENTING & CHILDHOOD
DEVELOPMENT

AD(H)D

LINKS

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CONTACT

STEPHANIE@DRGABORMATE.COM | WWW.DRGABORMATE.COM



SHORT BIOGRAPHY

Gabor Maté (pronunciation: GAH-bor MAH-tay) is a retired physician who, after 20 years of family practice and palliative care experience, worked for over a decade in Vancouver's Downtown East Side with patients challenged by drug addiction and mental illness. The bestselling author of four books published in thirty languages, including the award-winning *In the Realm of Hungry Ghosts: Close Encounters with Addiction*, Gabor is an internationally renowned speaker highly sought after for his expertise on addiction, trauma, childhood development, and the relationship of stress and illness. For his groundbreaking medical work and writing he has been awarded the Order of Canada, his country's highest civilian distinction, and the Civic Merit Award from his hometown, Vancouver. His fifth book, *The Myth of Normal: Trauma, Illness and Healing in a Toxic Culture* will be released on September 13, 2022. To learn more, join his e-news list at www.drgabormate.com.

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LONG BIOGRAPHY

Gabor Maté (pronunciation: GAH-bor MAH-tay) is a retired physician who, after 20 years of family practice and palliative care experience, worked for over a decade in Vancouver's Downtown East Side with patients challenged by drug addiction and mental illness. The bestselling author of four books published in thirty languages, Gabor is an internationally renowned speaker highly sought after for his expertise on addiction, trauma, childhood development, and the relationship of stress and illness. His book on addiction received the Hubert Evans Prize for literary non-fiction. For his groundbreaking medical work and writing he has been awarded the Order of Canada, his country's highest civilian distinction, and the Civic Merit Award from his hometown, Vancouver. His books include *In the Realm of Hungry Ghosts: Close Encounters with Addiction*; *When the Body Says No: The Cost of Hidden Stress*; *Scattered Minds: The Origins and Healing of Attention Deficit Disorder*; and (with Gordon Neufeld) *Hold on to Your Kids: Why Parents Need to Matter More Than Peers*. His next book, *They Myth of Normal: Trauma, Illness & Healing in a Toxic Culture* will be published on September 13, 2022 and is available to pre-order now. To learn more, join his e-news list at www.drgabormate.com.

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LIST OF TALKS

When The Body Says No: Mind/Body Unity and the Stress-Disease Connection.

The Hungry Ghost: A Biopsychosocial Perspective on Addiction, from Heroin to Workaholism.

Beyond The Medical Model: A Biopsychosocial View of Attention Deficit Disorder and Other Childhood Developmental Disorders.

Peer Orientation: Why Children are Stressed, Why Parents and Teachers are Disempowered and How To Restore a Healthy Balance in Adult-Child Relationships.

The Biology of Loss: What Happens When Attachments Are Impaired and How to Foster Resilience.

Toxic Culture: How Materialistic Society Makes Us Sick.

Hello Again: A Fresh Start for Parents and their Adult Children.

Compassionate Inquiry: A psychotherapeutic method developed by Dr. Gabor Maté that reveals what lies beneath the appearance we present to the world.

RECENT AUDIENCES

- TEDx Rio
- Center for Integrative Medicine, Medical School, University of Arizona
- **The Adler School of Professional Psychology**
- New York Mental Health Association
- Association for the Advancement of Restorative Medicine
- American Family Therapy Association
- Alberta Health Services
- Ottawa Institute of Mental Health
- Ontario Association of Social Workers
- Omega Institute
- Kripalu Center for Yoga & Health
- Association for Prenatal & Perinatal Psychology

LINKS

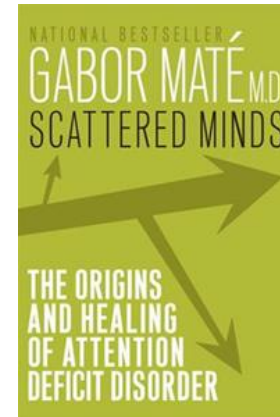
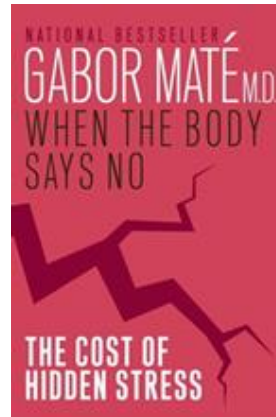
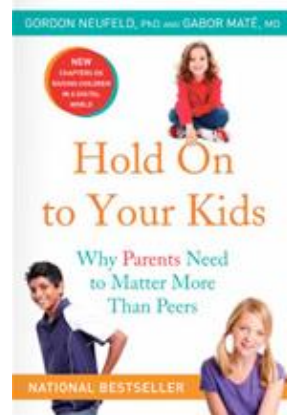
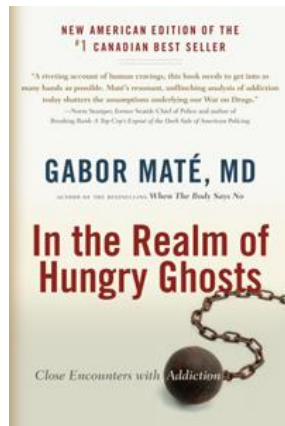
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DR. MATÉ'S BEST-SELLING BOOKS



In the US these titles are published as *When the Body Says No: Exploring the Stress-Disease Connection*, and *Scattered: How Attention Deficit Disorder Originates and What you Can Do About It*.

Click [here](#) for more details on each book, including excerpts and reviews.

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MEDIA & NEWS

[Dr. Maté speaks at TEDx Rio+20 >](#)

[Dr. Maté interviewed on CBC Radio's The Current. >](#)

[Dr. Maté featured in CBC TV's documentary The Jungle Prescription. >](#)

[Dr. Maté interviewed on Pacifica Radio's Democracy Now! >](#)

[Dr. Maté's award-winning and bestselling book In the Realm of Hungry Ghosts is now available as an audiobook. >](#)

Dr. Maté's writing has appeared in such publications as The Globe and Mail, The Vancouver Sun, The Huffington Post and YES Magazine.

Articles and interviews featuring Dr. Maté have appeared on Democracy Now, CBC and NPR.

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TESTIMONIALS

“Gabor Mat’és connections – between the intensely personal and the global, the spiritual and the medical, the psychological and the political – are bold, wise and deeply moral.”

Naomi Klein, Author & Award-winning Journalist

“Maté’s resonant, unflinching analysis of addiction today shatters the assumptions underlying our War on Drugs.”

Norm Stamper, Retired Former Police Chief of Seattle & Member, Law Enforcement Against Prohibition

“Gabor Maté is a common-sense doctor and truth-teller. By looking at causes and their effects, he helps you find your way home.”

Jamie Lee Curtis, “Author, Activist, Alcoholic”

“I think a big part of gaining insight into substance abuse is an examination of its underlying psychological and emotional components. This is at the core of Dr. Mat’és approach.”

Rob Reiner, Filmmaker, Actor, Producer

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For all media enquiries, please contact:

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